

14lbs = 1 st		1kg = 2.2lbs
Stones / Ibs	Pounds	Kilos
6	84	38.2
6.7	91	41.4
7	98	44.5
7.7	105	47.7
8	112	50.9
8.7	119	54.1
9	126	57.3
9.7	133	60.5
10	140	63.6
10.7	147	66.8
11	154	70
11.7	161	73.2
12	168	76.4
12.7	175	79.5
13	182	82.7
13.7	189	85.9
14	196	89.1
14.7	203	92.3
15	210	95.5
15.7	217	98.6
16	224	101.8
16.7	231	105
17	238	108.2
17.7	245	111.4
18	252	114.5
18.7	259	117.7
19	266	120.9
19.7	273	124.1
20	280	127.3